

Allergens in Food Checklist – School lunches and tuck shop

Dish	Celery	Cereals cont. gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Baked potato, beans														
Butter							✓							
Cheese							✓							
Coleslaw (staff only)				✓			✓		✓					
Chicken curry							✓							
Rice														
Nan bread		✓					✓							
Chili con carne		✓												
Rice														
Nachos		✓					✓							

Macaroni cheese		✓					✓							
Hot dog	✓	✓												
Ketchup														
Toast		✓												
Butter							✓							
Chocolate spread							✓			✓				
Chocolate bars							✓							
Crisps							✓							