

Tuck 1/30

Dish	Celery	Cereals cont. gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
eggfish fingers		✓			✓									
Toast		✓											✓	
Gluten free Toast														
Butter							✓							
Brioche		✓		✓			✓							
Pain au chocolate		✓					✓							
Ice Pops														
Gluten free Rice Cakes													✓	
Apples														
Oranges														

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egg fish fingers		✓			✓									
Mozzari Cheese							✓		✓					
Tomato Pasta														
Gardic Bread		✓												

# Allergens in Food Checklist

Lunches

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eg. fish fingers		✓			✓									
Lemon Cake		✓		✓										
Sticky Toffee Cake		✓		✓										
Custard							✓							
Ice Cream														
Ice Cream Cones		✓												
Jelly														
Mild Korma Sauce							✓							
Naan bread		✓					✓							
Macaroni cheese		✓					✓		✓					
Tomato Pesto		✓												



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e.g. fish fingers		✓			✓									
Mild chilli Con Carne Sauce														
Rice														
Nachos		✓					✓							
Baked Potato														
Beans														
Cheese							✓							
Cauliflower (Stuff)				✓			✓		✓					
Cheese Pizzio		✓					✓							
Gluten free cheese Pizzio							✓							
Pepperoni Pizzio		✓					✓							